

# What's On Guide – February 2018

For more information please call us on 01422 252209

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Mini Movers Baby Group</u> <b>Term Time Only</b> 9.45am – 11.15am New baby group aimed at 0-2 years Nominal fee of £1.60 per session</p> 	<p><u>The Well Baby Clinic</u> 9.30am – 11.00am A drop-in clinic to weigh your child and seek advice or guidance from a Health visitor</p> 		<p><u>Getting Ready For Baby</u> Four sessions Organised by your Health visiting Team, Childrens Centre Team and the Midwives. To Book visit <a href="http://maternitycoursebooking.cht.nhs.uk">maternitycoursebooking.cht.nhs.uk</a> or contact your childrens centre</p>	<p><u>Antenatal Clinic &amp; Postnatal Clinic</u> 8.30am – 4.00pm (Appointment Only)</p>  <p><u>Healthy Sleep, Healthy Family</u> 23<sup>rd</sup> Jan – 13<sup>th</sup> Feb 9.30am- 11.30am To be held at Lee Mount Primary School A four week course</p>
<p>To book a course, visit our website or contact the Family Learning Team; 01422 266197</p>	<p>You can book any of our training or activities online through our website <a href="http://www.surestartchildrencentresnhp.org.uk">www.surestartchildrencentresnhp.org.uk</a> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 251090</p>			

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