

# What's On Guide –January 2019

For more information please call us on 01422 252209

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Saturday 5<sup>th</sup> January Dads R Us From 9.00am</p>	<p><u>The Well Baby Clinic</u> 9.30am – 11.00am A drop-in clinic to weigh your child and seek advice or guidance from a Health visitor</p> 	<p><u>Mini Movers</u> Community Stay &amp; Play Wednesdays 1.45pm - 3.10pm At Moorside Community Primary School</p> <p><u>Swedish Back Massage</u> At Holmfield Mills Wed 9<sup>th</sup> Jan - 30<sup>th</sup> Jan 10.00am -12.00noon 4 week adult course Taster session for a career in holistic therapy</p>	<p><u>Antenatal Clinic &amp; Postnatal Clinic</u> 8.30am – 2.00pm (Appointment Only)</p>  <p><u>Sling Swing</u> At Threeways Sports Centre Thurs 24<sup>th</sup>Jan- 14thFeb 1.30pm-2.30pm Suitable for 6weeks plus</p>	<p><u>Getting Ready For Baby</u> Four sessions Organised by your Health visiting Team, Children's Centre Team and the Midwives. To Book visit <a href="http://maternitycoursebooking.cht.nhs.uk">maternitycoursebooking.cht.nhs.uk</a> or contact your children s centre</p> 
<p>To book a course, visit our website or contact the Family Learning Team; 01422 266197</p>	<p>You can book any of our training or activities online through our website <a href="http://www.surestartchildrencentresnhp.org.uk">www.surestartchildrencentresnhp.org.uk</a> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 251090</p>			

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