

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Ling Bob Breakfast Club, every day 8:00am – 9:00am

Manic Mondays

9.30am – 11.00am

£1.60

A stay and play session for your family.

0 – 5 yrs

Baby Play

Tuesdays

9:30am–11:00am

£1.60

A stay and play session for you and your baby. 0-18 months



Antenatal Clinic

9.00am – 4.30pm
(Appointment Only)



The Well Baby Clinic

9:30am – 11:00am

A drop-in clinic to weigh your child and seek advice or guidance.



Rhythm Time

Wed 17th, 24th & 31st January A 3 week family learning course where toddlers will explore different percussion sounds.



Antenatal Clinic
8:00am – 1:00pm
(Appointment only)



Local Adult Only & Accredited Activities in January include:

New Year, New Start, Confident You, Elland CC

Customer Service, Rastrick Fire Station

Healthy Sleep, Healthy Family, Lee Mount Primary

Follow us on Facebook:
Sure Start Children's Centre
North & East Halifax

Or visit:

www.surestartchildrenscen-treshp.org.uk



To book on to any of the activities or learning courses please phone 01422 266197



Activity	Date/day	Time	Details
Manic Mondays	Every Monday	9.30am – 11.30am	Manic Mondays is a stay and play session for ages 0-5 and we encourage the whole family to come along. There are various activities and it is an excellent chance for your child to engage with other children of a similar age. There is a small fee of £1.60 per family.
Baby Play Tuesday's	Every Tuesday	9:30am – 11:00am	This is a chance for your baby to play and engage in activities with babies of a similar age. There are lots of activities to do and it is also a great chance for new mums to chat and share experiences. There is a small fee of £1.60 per family.
Rhythm Time	Wednesday 17th – 31st January	1:30pm – 2:30pm	A 3 week family learning course where toddlers will explore different percussion sounds which can enhance co-ordination and develop a musical ear. Children's confidence, creativity and self-expression will flourish with these fun sessions as well as developing listening, concentration and speech skills. Best suited for walkers to 5 yrs.
Clinics and Services	Date/day	Time	Details
Antenatal Clinic	Wednesday Friday	9:00am – 4:30pm 8:00am – 1:00pm	Appointment only please contact the Midwives at Innovations on 01422 251095
Well Baby Clinic	Wednesday	9.30am – 11:00am	This is a drop in clinic to weigh your baby and seek any advice or guidance off our team of health visitors based at the centre.