


Monday	<p>2 Year Reviews Mornings Health Visiting Team Appointment only</p> <p>Work Club 1:00pm – 3:00pm Support & advice seeking employment Drop in session</p> <p>Sling Swing Monday 21st January 2019 for 4 weeks 1pm-2pm at Southgate Methodist Church Elland. 4 weeks of fun, dance and gentle movement for parents and babies in slings/carriers. To book please apply via our website http://surestartchildrenscentresnhp.org.uk/</p>		<p>Antenatal Clinic Appointments only</p> <p>Family Support Drop In 9:00am – 11:00am No need to book - Just drop in</p> <p>Messy Adventurers 0 – 5 year olds 1.30pm – 3.00 pm No need to book in!! £1.50 per family</p>	<p>Breast Feeding Friends 10.00am – 11.30am A support group for breastfeeding mums Just Drop in – no need to book</p>
Tuesday	<p>Antenatal & Postnatal Clinic 9.00am – 4:00pm Appointment only</p>	<p>Tiny Treasures 1:00pm – 2:30pm Aimed at 0 – 'walkers' No need to book – Just drop in £1.50 per family</p>	<p>Well Baby Clinic 1.00pm – 3.00pm Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p>	<p>Antenatal Clinic All day Appointments Only</p>  <p>Childminder's Group 9.15am – 10.45am Drop in – no need to book £1.50 per family</p>
Wednesday	<p>Tiny Treasures 9.30am-11.00am Aimed at 0 – 'walkers' Just drop in £1.50 per family</p> <p>Well Baby Clinic 9.00am – 11.00am Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p>		<p>Practical Parent Helpers Wednesday 30th January 12.30pm-2.30pm 7 Week course On practical ideas and how children learn. To book a place Complete an online application</p>	<p>Antenatal Clinic All day Appointment Only</p> <p>Messy Monkeys @ Whinney Hill Community Centre 9.15am – 10.45 am Suitable for 'walkers' to 5 years No need to book - Just drop in £1.50 per family</p> <p>Sensory Play 23rd January 2019 1.30pm – 2.30pm Four week course. Vital for brain development and encouraging learning.</p>
Thursday	<p>Antenatal & Postnatal Clinic 8:40am – 4:40pm Appointment only</p> <p>Yorkshire Smoke Free-Stop Smoking Clinic Every Thursday 12:30pm – 4:30pm for information or to book an appointment call 01422 262373</p>	<p>Messy Monkeys 1:00pm – 2:30pm Suitable for 'walkers' to 5 years No need to book - Just drop in £1.50 per family</p> 		<p>Baby Group 10:00am – 11:30am Aimed at 0 – 'walkers' No need to book - Just drop in £1.50 per family</p> <p>Well Baby Clinic 9.00 am – 12.00 noon Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p> <p>Postnatal Clinic 11.30am – 5.00pm Appointment Only</p> <p>Buggy Walk 09.15am – 11.00am Walk around the local park then back to the children's centre for refreshments 7th & 21st December 2018</p>
Friday	<p>Family Support Drop In 9:30am – 11:30am Support & advice for parents Just drop in</p> <p>Paediatric First Aid Friday 25th January for 4 weeks. 9.30am – 12.30pm at Elland Community Room. To book a place please book via our website http://surestartchildrenscentresnhp.org.uk/</p>			
Saturday				

You can book any of our training or activities online through our website <http://surestartchildrenscentresnhp.org.uk> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 266197

