

						
M O N D A Y				Antenatal Clinic 9:00am – 4:00pm <i>Appointment only</i>		Crafty Ladies 4.00pm – 6.00pm Come along indulge your hobby and make new friends.
T U E S D A Y	Baby Play Tuesdays 9:30am – 11:00am Term Time Only A drop in stay and play session for you and your baby 0-18 months £1.60 per family CAMHS Referral only 8.00 am – 5.00pm	Midwife Clinic Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on 01422 251095 Big & Little Explorers Upper Portacabin Every Tuesday 9:00am – 11:00am Family Fun & Refreshments Cost of £1.60 per Family Just turn up on the day TERM TIME ONLY	Inbetweeners Stay and Play group for parents and children who are walking – 3 years old. Every Tuesday 9:30am – 11:00am Come along and join the fun! £1.60 per family * Group run by parents / carer volunteers*	Big and Little Explorers Every Tuesday 9:30am – 11:00am (0-3 YEARS) £1.60 per family TERM TIME ONLY Cancelled until September 2018 CAMHS Referral only 8.00am – 4.00pm	Well Baby Clinic 9:30am – 11:00am Drop in clinic to weigh your baby and seek advice of health visitors.	Tiny Me Stay and Play for parents and babies 0-18 months 9:30am -11:00am £1.60 per family TERM TIME ONLY Well Baby Clinic 1.00pm– 3.00pm Drop in clinic to weigh your baby and seek advice of health visitors.
W E D N E S D A Y	Antenatal Clinic 9:00am – 4:30pm Appointment The Well Baby Clinic 9:00am – 10:30am Drop in clinic to weigh your baby and seek advice and guidance from health visitors.	The Well Baby Clinic 9.00am-10.00am Drop in and weigh your baby	Antenatal Clinic 9:00am – 2:00pm <i>Appointment only</i> Buddy Bears Drop in stay and play activity session 0-4 years 9:30am – 11:00am £1.60 per family includes snack Stop Smoking Clinic 9.00am – 12.30pm One to one appointments for further information ring 01422 262373	Home Start is a registered charity supporting families with at least one child under the age of 5 years. The charity accesses our centre and provides a stay and play group for parents registered with the charity. Please phone 01422 242124 for more information	Getting Ready For Baby Four sessions Organised by your Health visiting Team, Children's Centre Team and the Midwives. To Book visit maternitycoursebooking.cht.nhs.uk or contact your children's centre	
T H U R S D A Y	CAMHS Referral only 1.00 pm – 5.00pm	Singing & Story Time Holy Nativity Church Every Thursday : 11am – 11:30am Fun for you and your children. * FREE ACTIVITY * *Just turn up on the day * TERM TIME ONLY	Well Baby Clinic 9:30am – 11:30am Drop in clinic to weigh your baby and seek advice of health visitors. Breastfeeding Advice and Support Thursday 12:00 noon – 1:30pm This is run by the Health Visitors Team and will offer one to one advice and support to parents/carers For further information please contact the health visitors on 01422 367891	Antenatal Clinic 9:00am – 4:00pm <i>Appointment only</i> Calderdale Staying Safe Do you need advice or support? Drop in Session at Innovations 1 st & 3 rd Thursday of the month From 10am – 12pm	Child-minder Network Session 9:00am – 11:30am TERM TIME ONLY Stay and Play session for child-minders and their children. Chat & Play 1:30pm – 3:00pm Snack for children, coffee and a chat for parents. £1.60 per family	
F R I D A Y	Antenatal Clinic 8:00am – 1:00pm Appointment only	Need help claiming benefits? Have a problem with housing? Do you have issues with debt? Need help filling in a form? If yes is the answer to any of these questions. Please ring Mixenden Parents Resource Centre on 01422 240043 to book an appointment	Baby Adventures 1:00pm – 2:30pm Drop in stay and play session for you and your baby, (0-14 months) Free refreshments £1.60 per family.	Post – natal Clinic 9.00am -12.00am <i>Appointment only</i>	Antenatal Clinic & Postnatal Clinic 9.00am – 2:00pm <i>Appointment only</i> Forest School 10.00am – 11.30am 27th July for 4 weeks AT OGDEN WATER Suitable for all ages	Yoga for adults 10:00am – 11:30am Every Friday TERM TIME ONLY Call Helen for costs and bookings on 07925 102461 Children's Centre doesn't deliver this activity Art Class 1.00pm – 3.00pm Every Friday All stages welcome & materials provided Call Annette Duncan on 07398 021296 further information Children's centre doesn't deliver this activity

You can book any of our training or activities online through our website www.surestartchildrenscentresnhp.org.uk
Alternatively complete a booking form and hand in at your nearest Children's Centre or ring 01422 266197 Follow us on Facebook: Sure Start Children's Centres NHP

