



Monday

2 Year Reviews
Mornings
Health Visiting Team
Appointment only

Work Club
1:00pm – 3:00pm
Support & advice seeking employment
Drop in session

Antenatal Clinic
Appointments only

Family Support Drop In
9:00am – 11:00am
No need to book - Just drop in

Messy Monkeys
1.30pm – 3:00 pm
Suitable for 'walkers' to 5 years
No need to book - Just drop in
£1.50 per family

Breastfeeding Support Group
9.00am – 12.00am
Drop in – no need to book

Tuesday

Antenatal & Postnatal Clinic
9.00am – 4:00pm
Appointment only

Tiny Treasures
1:00pm – 2:30pm
Aimed at 0 – 'walkers'
No need to book – Just drop in
£1.50 per family

Tiny Treasures**
1:30pm – 3:00pm
Aimed at 0 – 'walkers'
(Term time only)
No need to book - Just drop in!
£1.50 per family

Well Baby Clinic
1.00pm – 3.00pm
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Antenatal Clinic
All day
Appointments Only

Childminder's Group
9.15am – 10.45am
Drop in – no need to book
£1.50 per family



Wednesday

Tiny Treasures
9.30am-11.00am
Aimed at 0 – 'walkers'
Just drop in
£1.50 per family

Well Baby Clinic
9.00am – 11.00am
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Buggy Walk
9.30am – 10.30am
Just turn up each week for coffee a chat and some exercise
***weather dependant**

**Messy Monkeys @
Whinney Hill Community Centre**
9.15am – 10.45 am
Suitable for 'walkers' to 5 years
No need to book - Just drop in
£1.50 per family
(Term time only)

Thursday

Antenatal & Postnatal Clinic
8:40am – 4:40pm
Appointment only

Yorkshire Smoke Free-Stop Smoking Clinic
Every Thursday
12:30pm – 3:30pm
for information or to book an appointment
call 01422 262373

Messy Monkeys
1:00pm – 2:30pm
Suitable for 'walkers' to 5 years
No need to book - Just drop in
£1.50 per family



Baby Group
10:00am – 11:30am
Aimed at 0 – 'walkers'
No need to book - Just drop in
£1.50 per family

Well Baby Clinic
09.00am – 12.00am
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Postnatal Clinic
11.30am – 5.00pm
Appointment Only

Friday

Family Support Drop In
9:30am – 11:30am
Support & advice for parents
Just drop in

Parent & Baby Pilates
10.00am – 11.00am
Suitable for ages 6 weeks+
Our 4 week parent & baby Pilates class is unique and fun which aims to promote health and wellbeing in the post-natal population.
**To book a place please call
01422 266197**

Buggy Walk
09.15am – 10.30
Walk around the local park then back to the children's centre for refreshments
1st, 15th & 29th June 2018
Paediatric First Aid
4 week learning course to gain Level 3 in Paediatric First Aid
Starting Friday 8th June running for 4 weeks
9.30am-12.30pm
Creche Available

Saturday

Saturday Splat Group
10:00am – 11:30am
For children with additional needs
First Saturday of Every Month
Next session: 2nd June 2018
£1.50 per family

You can book any of our training or activities online through our website <http://surestartchildrenscentresnhp.org.uk> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 266197



Follow us on Facebook: Sure Start Children's Centre's North & East Halifax.
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