

						
<b>M O N D A Y</b>	<p><b>Manic Mondays</b> 9:30am -11:00am A drop in stay and play session for your family 0 - 5 Years £1.60 per family.</p>			<p><b>Antenatal Clinic</b> 9:00am – 4:00pm <i>Appointment only</i></p> <p><b>Grow big Sensory Play</b> Starts June 18<sup>th</sup> for 4 weeks 1.00pm – 2.00pm A 4 week family learning sensory / heuristic play</p>		<p><b>Crafty Ladies</b> Every fortnight from 4<sup>th</sup> &amp; 18<sup>th</sup> June 4.00pm – 6.00pm Come along indulge your hobby and make new friends. <b>Baby Sign</b> Monday 11<sup>th</sup> June For 4 weeks 10.00 am – 11.00am Suitable for 6mths – 2yrs</p>
<b>T U E S D A Y</b>	<p><b>Baby Play Tuesdays</b> 9:3am – 11:00am <b>Term Time Only</b> A drop in stay and play session for you and your baby 0-18 months £1.60 per family</p> <p><b>CAMHS</b> Referral only 8.00 am – 5.00pm</p> <p><b>Customer Service</b> Tuesday 5<sup>th</sup> June to 26<sup>th</sup> June Introduction to customer service</p>	<p><b>Midwife Clinic</b> Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on <b>01422 251095</b></p> <p><b>Big &amp; Little Explorers</b> <b>Upper Portacabin</b> Every Tuesday 9:00am – 11:00am Family Fun &amp; Refreshments Cost of £1.60 per Family Just turn up on the day <b>TERM TIME ONLY</b></p>	<p><b>Inbetweeners</b> Stay and Play group for parents and children who are walking – 3 years old. Every Tuesday 9:30am – 11:00am</p> <p>Come along and join the fun! £1.60 per family * Group run by parents / carer volunteers*</p>	<p><b>Big and Little Explorers</b> <b>Every Tuesday</b> 9:30am – 11:00am (0-3 YEARS) £1.60 per family <b>TERM TIME ONLY</b></p> <p><b>CAMHS</b> Referral only 8.00am – 4.00pm</p>	<p><b>Well Baby Clinic</b> 9:30am – 11:00am Drop in clinic to weigh your baby and seek advice of health visitors.</p>	<p><b>Tiny Me</b> Stay and Play for parents and babies 0-18 months 9:30am -11:00am £1.60 per family <b>TERM TIME ONLY</b></p> <p><b>Well Baby Clinic</b> 1.00pm– 3.00pm Drop in clinic to weigh your baby and seek advice of health visitors.</p>
<b>W E D N E S D A Y</b>	<p><b>Antenatal Clinic</b> 9:00am – 4:30pm <b>Appointment</b></p> <p><b>The Well Baby Clinic</b> 9:00am – 10:30am Drop in clinic to weigh your baby and seek advice and guidance from health visitors.</p> <p><b>Mini Movers</b> Wednesday 20<sup>th</sup> June To 11<sup>th</sup> July A family learning course</p>	<p><b>The Well Baby Clinic</b> <b>9.00am-10.00am</b> Drop in and weigh your baby</p>	<p><b>Antenatal Clinic</b> 9:00am – 2:00pm <i>Appointment only</i></p> <p><b>Buddy Bears</b> Drop in stay and play activity session 0-4 years 9:30am – 11:00am £1.60 per family includes snack</p> <p><b>Stop Smoking Clinic</b> 9.00am – 12.30pm One to one appointments for further information ring 01422 262373</p>	<p><b>Home Start</b> is a registered charity supporting families with at least one child under the age of 5 years. The charity accesses our centre and provides a stay and play group for parents registered with the charity. Please phone <b>01422 242124</b> for more information</p>	<p><b>Getting Ready For Baby</b> Four sessions Organised by your Health visiting Team, Children's Centre Team and the Midwives. To Book visit <a href="http://maternitycoursebooking.cht.nhs.uk">maternitycoursebooking.cht.nhs.uk</a> or contact your children's centre</p>	
<b>T H U R S D A Y</b>	<p><b>CAMHS</b> Referral only 1.00 pm – 5.00pm</p>	<p><b>Singing &amp; Story Time</b> <b>Holy Nativity Church</b> Every Thursday : 11am – 11:30am Fun for you and your children. * <b>FREE ACTIVITY</b> * *Just turn up on the day * <b>TERM TIME ONLY</b></p> <p><b>Jewellery Making</b> 4 week course Starting 21<sup>st</sup> June 10.00am -11.30am Designing and creating your own jewellery using different materials.</p>	<p><b>Well Baby Clinic</b> 9:30am – 11:30am Drop in clinic to weigh your baby and seek advice of health visitors.</p> <p><b>Breastfeeding Advice and Support</b> Thursday 12:00 noon – 1:30pm This is run by the Health Visitors Team and will offer one to one advice and support to parents/carers For further information please contact the health visitors on 01422 367891</p>	<p><b>Antenatal Clinic</b> 9:00am – 4:00pm <i>Appointment only</i></p> <p><b>Calderdale Staying Safe</b> Do you need advice or support? Drop in Session at Innovations 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday of the month From 10am – 12pm</p>	<p><b>Massage</b> Starts 10th May for 8 weeks At <b>Holmfield Mill Holdsworth Road</b> 9.30 am -11.30am</p> <p>8 week course Covering anatomy &amp; physiology On completion learners will gain a full qualification.</p>	<p><b>Child-minder Network Session</b> 9:00am – 11:30am <b>TERM TIME ONLY</b> Stay and Play session for child-minders and their children. <b>Chat &amp; Play</b> 1:30pm – 3:00pm Snack for children, coffee and a chat for parents. £1.60 per family</p>
<b>F R I D A Y</b>	<p><b>Antenatal Clinic</b> 8:00am – 1:00pm <b>Appointment only</b></p>	<p>Need help claiming benefits? Have a problem with housing? Do you have issues with debt? Need help filling in a form?</p> <p>If yes is the answer to any of these questions. Please ring Mixenden Parents Resource Centre on 01422 240043 to book an appointment</p>	<p><b>Baby Adventures</b> 1:00pm – 2:30pm Drop in stay and play session for you and your baby, (0-14 months)</p> <p>Free refreshments £1.60 per family.</p>	<p><b>Post – natal Clinic</b> <b>9.00am -12.00am</b> <i>Appointment only</i></p> <p><b>Dads R Us</b> <b>Saturday 2<sup>nd</sup> June</b> <b>9.00 am onwards</b></p>	<p><b>Antenatal Clinic &amp; Postnatal Clinic</b> 9.00am – 2:00pm <i>Appointment only</i></p>	<p><b>Yoga for adults</b> 10:00am – 11:30am Every Friday <b>TERM TIME ONLY</b> Call Helen for costs and bookings on <b>07925 102461</b> <b>Children's Centre doesn't deliver this activity</b></p> <p><b>Art Class</b> 1.00pm – 3.00pm Every Friday All stages welcome &amp; materials provided Call Annette Duncan on 07398 021296 further information <b>Children's centre doesn't deliver this activity</b></p>



**Accredited  
Courses**

*Emergency First Aid  
- full day  
9.00am - 4.00pm*

Starts Saturday 8<sup>th</sup>  
July - Innovations  
CC