

						
<b>M O N D A Y</b>	<p><b>Ling Bob Breakfast Club</b> Every Day 8:00am – 9:00am</p> <p><b>Manic Mondays</b> 9:30am -11:30am A drop in stay and play session for your family 0 - 5 Years £1.60 per family.</p>			<p><b>Antenatal Clinic</b> 9:00am – 4:00pm <i>Appointment only</i></p> <p><b>CAMHS</b> <i>Referral Only</i></p>	<p><b>Mini Movers Baby group</b> Stay &amp; Play For parents and babies 0-2 years £1.60 per family <b>TERM TIME ONLY</b></p>	<p><b>Crafty Ladies</b> Monday 3 and 24 April 4.00pm – 6.00pm Come along and indulge your hobby and make new friends.</p> <p><b>Baby Sign</b> Starts 8<sup>th</sup> May for 3 weeks 10.00 am – 11.00 am Enhance communication Suitable for aged 6 months to 2 years</p>
<b>T U E S D A Y</b>	<p><b>Baby Play Tuesdays</b> 9:30am – 11:00am <b>Term Time Only</b> A drop in stay and play session for you and your baby 0-2 Years £1.60 per family</p>	<p><b>Midwife Clinic</b> Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on <b>01422 251095</b></p> <p><b>Big &amp; Little Explorers</b> <b>Upper Portacabin</b> Every Tuesday 9:00am – 11:00am Family Fun &amp; Refreshments Cost of £1.60 per Family Just turn up on the day <b>TERM TIME ONLY</b></p>	<p><b>Inbetweeners</b> Stay and Play group for parents and children who are walking – 3 years old. Every Tuesday 9:30am – 11:30am</p> <p>Singing Story Time Messy Activities Healthy Snack</p> <p>Come along and join the fun! £1.60 per family * Group run by parents / carer volunteers*</p>	<p><b>Bumps &amp; Babies Group</b> <b>Every Tuesday</b> 9:30am – 11:00am (0-2 YEARS) £1.60 per family <b>TERM TIME ONLY</b></p>	<p><b>Well Baby Clinic</b> 9:30am – 11:00am Drop in clinic to weigh your baby and seek advice of health visitors.</p>	<p><b>Tiny Me</b> Stay and Play for parents and babies 0-18 months 9:30am -11:00am £1.60 per family <b>TERM TIME ONLY</b></p>
<b>W E D N E S D A Y</b>	<p><b>Antenatal Clinic</b> 9:00am – 4:30pm <b>Appointment only</b></p> <p><b>The Well Baby Clinic</b> 9:00am – 10:30am <b>Drop in clinic</b> to weigh your baby and seek advice and guidance from health visitors.</p>		<p><b>Antenatal Clinic</b> 9:00am – 2:00pm <i>Appointment only</i></p> <p><b>Home Start</b> is a registered charity supporting families with at least one child under the age of 5 years. The charity accesses our centre and provides a stay and play group for parents registered with the charity. Please phone <b>01422 242124</b> for more information.</p> <p><b>Buddy Bears</b> <b>Drop in</b> stay and play activity session 9:30am – 11:30am £1.60 per family includes snack</p>			<p><b>Community Breastfeeding Group</b> Every Wednesday 9.30am – 11.00am.</p> <p>Please phone Northwram Health Visiting team for more information – <b>01422 201344</b>.</p>
<b>T H U R S D A Y</b>	<p><b>Time to Read</b> <b>Mrs Molly's Storytime</b> Starts 4<sup>th</sup> May for 4weeks 1.30pm – 2.45pm Showing families how to get children interested in reading by making it fun and interacting with the story. Suitable for children aged 0-4 years</p>	<p><b>Singing &amp; Story Time</b> <b>Holy Nativity Church</b> Every Thursday : 11am – 11:30am Fun for you and your children. * <b>FREE ACTIVITY</b> * *Just turn up on the day * <b>TERM TIME ONLY</b></p>	<p><b>Well Baby Clinic</b> 9:30am – 11:30am Drop in clinic to weigh your baby and seek advice of health visitors.</p> <p><b>Breastfeeding Advice and Support</b> Thursday 12:00noon – 1:30pm</p> <p>This is run by the Health Visitors Team and will offer one to one advice and support to parents/carers For further information please contact the health visitors on 01422 367168.</p>	<p><b>CAMHS</b> <i>Referral Only</i></p> <p><b>Sling Swing for 4 weeks</b> Starts Thursday 27th April 10.00am – 11.00am Fun gentle movement class For you and baby Slings available to borrow</p>		<p><b>Chat &amp; Play</b> 1:30pm – 3:00pm Snack for children, coffee and a chat for parents. £1.60 per family</p> <p><b>Childminder Network Session</b> 9:00am – 11:30am <b>TERM TIME ONLY</b> Stay and Play session for childminders and their children.</p>
<b>F R I D A Y</b>	<p><b>Antenatal Clinic</b> 8:00am – 1:00pm <b>Appointment only</b></p> <p><b>Accredited Courses</b> <b>Emergency First Aid – full day</b> 9.00am – 4.00pm Starts Saturday 20<sup>th</sup> May – Wellholme Park CC Starts Saturday 8<sup>th</sup> July – Innovations CC</p>	<p><b>Dads R Us</b> <b>Saturday 6<sup>th</sup> May</b> <b>Holy Nativity Church Mixenden</b> 9.30am onwards</p>	<p><b>Baby Adventures</b> 1:00pm – 2:30pm Drop in stay and play session for you and your baby, (0-14 months) Free refreshments £1.60 per family.</p>	<p><b>Accredited Courses</b> <b>Hopi Ear Candles – 4 Week course</b> Tues day 2<sup>nd</sup> May 12.45pm- 2.45pm Holmfield Mill <i>Limited crèche places available</i></p>	<p><b>Antenatal Clinic</b> 8:30am – 2:00pm <i>Appointment only</i></p>	<p><b>Yoga for adults</b> 10:00am – 11:30am Every Friday <b>TERM TIME ONLY</b> Call Helen for costs and booking on <b>07925 102 461</b> Children's Centre does not deliver this activity</p> <p><b>Art Class</b> 1.00 – 3.00pm Every Friday All stages welcome &amp; materials provided Call Annette Duncan on 07884 968444 for further info</p>

**All Children's Centre's will be closed on May Day- Monday 1<sup>st</sup> May  
Spring Bank Holiday- Monday 29<sup>th</sup> May**



You can book any of our training or activities online through our website [www.surestartchildrenscentresnhp.org.uk](http://www.surestartchildrenscentresnhp.org.uk)  
Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 251090  
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