

						
<b>M O N D A Y</b>	<p><b>Manic Mondays</b> 9:30am - 11:00am A drop in stay and play session for your family 0 - 5 Years £1.60 per family.</p>			<p><b>Antenatal Clinic</b> 9:00am – 4:00pm <i>Appointment only</i></p>	<p><b>Mini Movers Baby Group</b> 9.45am – 11.15am Stay &amp; Play For parents and babies 0-2 years £1.60 per family <b>TERM TIME ONLY</b></p>	<p><b>Crafty Ladies</b> Every fortnight from 21<sup>st</sup> May <b>4.00pm – 6.00pm</b> Come along indulge your hobby and make new friends. <b>Baby Sign</b> Monday 11<sup>th</sup> June For 4 weeks 10.00 am – 11.00am</p>
<b>T U E S D A Y</b>	<p><b>Baby Play Tuesdays</b> 9:30am – 11:00am <b>Term Time Only</b> A drop in stay and play session for you and your baby 0-18 months £1.60 per family</p> <p><b>CAMHS</b> Referral only 8.00 am – 5.00pm</p>	<p><b>Midwife Clinic</b> Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on <b>01422 251095</b></p> <p><b>Big &amp; Little Explorers</b> <b>Upper Portacabin</b> Every Tuesday 9:00am – 11:00am Family Fun &amp; Refreshments Cost of £1.60 per Family Just turn up on the day <b>TERM TIME ONLY</b></p>	<p><b>Inbetweeners</b> Stay and Play group for parents and children who are walking – 3 years old. Every Tuesday 9:30am – 11:30am  Come along and join the fun! £1.60 per family * Group run by parents / carer volunteers*</p>	<p><b>Big and Little Explorers</b> <b>Every Tuesday</b> 9:30am – 11:00am (0-3 YEARS) £1.60 per family <b>TERM TIME ONLY</b></p> <p><b>CAMHS</b> Referral only 8.00am – 4.00pm</p>	<p><b>Well Baby Clinic</b> 9:30am – 11:00am Drop in clinic to weigh your baby and seek advice of health visitors.</p>	<p><b>Tiny Me</b> Stay and Play for parents and babies 0-18 months 9:30am -11:00am £1.60 per family <b>TERM TIME ONLY</b></p> <p><b>Well Baby Clinic</b> 1.00pm– 3.00pm  Drop in clinic to weigh your baby and seek advice of health visitors.</p>
<b>W E D N E S D A Y</b>	<p><b>Antenatal Clinic</b> 9:00am – 4:30pm <b>Appointment only</b></p> <p><b>The Well Baby Clinic</b> 9:00am – 10:30am <b>Drop in clinic</b> to weigh your baby and seek advice and guidance from health visitors.</p>	<p><b>The Well Baby Clinic</b> <b>9.00am-10.00am</b> <b>Drop in and weigh your baby</b></p>	<p><b>Antenatal Clinic</b> 9:00am – 2:00pm <i>Appointment only</i></p> <p><b>Buddy Bears</b> <b>Drop in</b> stay and play activity session 0-4 years 9:30am – 11:30am £1.60 per family includes snack</p> <p><b>Stop Smoking Clinic</b> 9.00am – 12.30pm One to one appointments for further information ring 01422 262373</p>	<p><b>Home Start</b> is a registered charity supporting families with at least one child under the age of 5 years. The charity accesses our centre and provides a stay and play group for parents registered with the charity. Please phone <b>01422 242124</b> for more information</p>	<p><b>Getting Ready For Baby</b> Four sessions Organised by your Health visiting Team, Children's Centre Team and the Midwives. To Book visit <a href="http://maternitycoursebooking.cht.nhs.uk">maternitycoursebooking.cht.nhs.uk</a> or contact your children's centre</p>	<p><b>Scarecrow Making</b> <b>Wednesday 2<sup>nd</sup> May</b> <b>1.00 -2.00pm</b></p>
<b>T H U R S D A Y</b>	<p><b>CAMHS</b> Referral only 1.00 pm – 5.00pm</p>	<p><b>Singing &amp; Story Time</b> <b>Holy Nativity Church</b> Every Thursday : 11am – 11:30am  Fun for you and your children. * <b>FREE ACTIVITY</b> * *Just turn up on the day * <b>TERM TIME ONLY</b></p> <p><b>Spring Crafts</b> Thursday 31<sup>st</sup> May 12.00- 1.30pm Creative crafts, bear hunt &amp; teddy bears picnic Lunch provided *<b>FREE ACTIVITY</b>*</p>	<p><b>Well Baby Clinic</b> 9:30am – 11:30am Drop in clinic to weigh your baby and seek advice of health visitors.</p> <p><b>Breastfeeding Advice and Support</b> Thursday 12:00 noon – 1:30pm This is run by the Health Visitors Team and will offer one to one advice and support to parents/carers For further information please contact the health visitors on 01422 367891</p>	<p><b>Antenatal Clinic</b> 9:00am – 4:00pm <i>Appointment only</i></p> <p><b>Tumble Bees</b> Threeways Gym Sports Hall <b>Thursday 26<sup>th</sup> April-Thursday 17<sup>th</sup> May 2018</b>  4 Weeks of pre-school Gymnastics, learning floor skills years. Suitable for children walking to 5 years</p> <p><b>Calderdale Staying Safe</b> Do you need advice or support? Drop in Session at Innovations 1<sup>st</sup> &amp; 3<sup>rd</sup> Thursday of the month From 10am – 12pm</p>	<p><b>Emergency First Aid at work</b> Starts 10<sup>th</sup> May For 3 weeks 12.30pm – 2.30pm An Accredited course</p> <p><b>Massage</b> Starts 10thMay for 8 weeks At <b>Holmfield Mill Holdsworth Road</b> 9.30 am -11.30am  8 week course Covering anatomy &amp; physiology On completion learners will gain a full qualification.</p>	<p><b>Child-minder Network Session</b> 9:00am – 11:30am <b>TERM TIME ONLY</b> Stay and Play session for child-minders and their children. <b>Chat &amp; Play</b> 1:30pm – 3:00pm Snack for children, coffee and a chat for parents. £1.60 per family</p>
<b>F R I D A Y</b>	<p><b>Antenatal Clinic</b> 8:00am – 1:00pm <b>Appointment only</b></p>	<p><b>Dads R Us</b> <b>Saturday 5<sup>th</sup> May</b> <b>9.00 am onwards</b> Creature petting at Holy Nativity Church Mixenden</p>	<p><b>Baby Adventures</b> 1:00pm – 2:30pm Drop in stay and play session for you and your baby, (0-14 months)  Free refreshments £1.60 per family.</p> <p><b>Jumping Clay</b> Starting Friday 27<sup>th</sup> April For 4 weeks 10.00am – 11.00am Creative activity</p>	<p><b>Post – natal Clinic</b> <b>9.00am -12.00am</b> <i>Appointment only</i></p>	<p><b>Antenatal Clinic &amp; Postnatal Clinic</b> 8:30am – 2:00pm <i>Appointment only</i></p>	<p><b>Yoga for adults</b> 10:00am – 11:30am Every Friday <b>TERM TIME ONLY</b> Call Helen for costs and bookings on <b>07925 102461</b> <b>Children's Centre doesn't deliver this activity</b> <b>Art Class</b> 1.00pm – 2.00pm Every Friday All stages welcome &amp; materials provided Call Annette Duncan on 07398 021296 further information <b>Children's centre doesn't deliver this activity</b></p>

You can book any of our training or activities online through our website [www.surestartchildrenscentresnhp.org.uk](http://www.surestartchildrenscentresnhp.org.uk) Alternatively complete a booking form and hand in at your nearest Children's Centre or ring 01422 266197 Follow us on Facebook: Sure Start Children's Centres NHP



**ALL CENTRES ARE CLOSED BANK HOLIDAY MONDAY 7<sup>TH</sup> MAY AND MONDAY 28<sup>TH</sup> MAY  
ALSO TRAINING DAY FRIDAY 25<sup>TH</sup> MAY**