



2 Year Reviews
Mornings
Health Visiting Team
Appointment only

Antenatal Clinic
Appointments only

Breast Feeding Friends
10.00am – 11.30am
A support group for breastfeeding mums
Just Drop in – no need to book

Monday

Family Support Drop In
9:00am – 11:00am
No need to book - Just drop in

Messy Adventurers
0 – 5 year olds
1.30pm – 3.00 pm
No need to book in!!
£1.50 per family

Antenatal & Postnatal Clinic
9.00am – 4:00pm
Appointment only

Tiny Treasures
1:00pm – 2:30pm
Aimed at 0 – 'walkers'
No need to book – Just drop in
£1.50 per family

Well Baby Clinic
1.00pm – 3.00pm
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Antenatal Clinic
All day
Appointments Only



Childminder's Group
9.15am – 10.45am
Drop in – no need to book
£1.50 per family

Tuesday

Tiny Treasures
9.30am-11.00am
Aimed at 0 – 'walkers'
Just drop in
£1.50 per family

FIRST AID COURSE

Paediatric First Aid
1st May 2019-22nd May 2019
9.30am-12.30pm
Limited Creche



Antenatal Clinic
All day
Appointment Only

**Messy Monkeys @
Whinney Hill Community Centre**
9.15am – 10.45 am
Suitable for 'walkers' to 5 years
No need to book - Just drop in
£1.50 per family

Wednesday

Well Baby Clinic
9.00am – 11.00am
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Antenatal & Postnatal Clinic
8:40am – 4:40pm
Appointment only

Pre School Drama
**Thursday 9th May and 16th May
2019 10am—11am**
Suitable for babies and toddlers

A 2 week family learning activity where babies and toddlers will enter a new world through mime/ tunnel/ music/ guided imagery. Children are encouraged to take part and explore developing skills along the way.

To book a place please complete the online application at
www.surestartchildrenscentresnhp.org.uk

or please ring 01422 266197
Messy Monkeys
1:00pm – 2:30pm
Suitable for 'walkers' to 5 years
No need to book - Just drop in
£1.50 per family



Baby Group
10:00am – 11:30am
Aimed at 0 – 'walkers'
No need to book - Just drop in
£1.50 per family

Well Baby Clinic
9.00 am – 11.15am
Run by Locala's Health Visiting team offering health and development advice.
Drop in session
For more information please contact:
030 0304 5076

Postnatal Clinic
11.30am – 5.00pm
Appointment Only

Thursday

Family Support Drop In
9:30am – 11:30am
Support & advice for parents
Just drop in

Buggy Walk
09.15am – 11.00am
Walk around the local park then back to the children's centre for refreshments
3rd, 17th and 31st May 2019

Friday

