

						
M O N D A Y				Antenatal Clinic 9:00am – 4:00pm <i>Appointment only</i>		Crafty Ladies 4.00pm – 6.00pm 13 th August Come along indulge your hobby and make new friends.
T U E S D A Y	Tiny Tots Tuesdays – NEW! 9:15am – 10.45am TERM TIME ONLY A drop in stay and play session. Age 0-5 years £1.60 per family CAMHS Referral only 8.00 am – 5.00pm Volunteering is for you Tuesday 4th September 11.30am-1.30pm	Midwife Clinic Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on 01422 251095 Big & Little Explorers Upper Portacabin Every Tuesday 9:00am – 11:00am Family Fun & Refreshments Cost of £1.60 per Family Just turn up on the day TERM TIME ONLY	Inbetweeners Stay and Play group for parents and children who are walking – 3 years old. Every Tuesday 9:30am – 11:00am Come along and join the fun! £1.60 per family * Group run by parents / carer volunteers*	Big and Little Explorers Every Tuesday 9:30am – 11:00am (0-3 YEARS) £1.60 per family TERM TIME ONLY CAMHS Referral only 8.00am – 4.00pm	Well Baby Clinic 9:30am – 11:00am Drop in clinic to weigh your baby and seek advice of health visitors.	Tiny Me Stay and Play for parents and babies 0-18 months 9:30am -11:00am £1.60 per family TERM TIME ONLY Well Baby Clinic 1.00pm– 3.00pm Drop in clinic to weigh your baby and seek advice of health visitors.
W E D N E S D A Y	Antenatal Clinic 9:00am – 4:30pm Appointment The Well Baby Clinic 9:00am – 10:30am Drop in clinic to weigh your baby and seek advice and guidance from health visitors.	The Well Baby Clinic 9.00am-10.00am Drop in and weigh your baby Big & Little Explorers Upper Portacabin Every Tuesday 9:00am – 11:00am Family Fun & Refreshments Cost of £1.60 per Family Just turn up on the day TERM TIME ONLY	Antenatal Clinic 9:00am – 2:00pm <i>Appointment only</i> Buddy Bears Drop in stay and play activity session 0-4 years 9:30am – 11:00am £1.60 per family includes snack Stop Smoking Clinic 9.00am – 12.30pm One to one appointments for further information ring 01422 262373	Home Start is a registered charity supporting families with at least one child under the age of 5 years. The charity accesses our centre and provides a stay and play group for parents registered with the charity. Please phone 01422 242124 for more information	Getting Ready For Baby Four sessions Organised by your Health visiting Team, Children's Centre Team and the Midwives. To Book visit maternitycoursebooking.cht.nhs.uk or contact your children's centre	
T H U R S D A Y	Baby Yoga Thursday 13 th September For 4 weeks 10am – 11am CAMHS Referral only 1.00 pm – 5.00pm	Helping in Schools Thursday 13th September 9.30am – 2.30pm A 14 week course for people looking to work in schools or college	Well Baby Clinic 9:30am – 11:30am Drop in clinic to weigh your baby and seek advice of health visitors. Breastfeeding Advice and Support Thursday 12:00 noon – 1:30pm This is run by the Health Visitors Team and will offer one to one advice and support to parents/carers For further information please contact the health visitors on 01422 367891	Antenatal Clinic 9:00am – 4:00pm <i>Appointment only</i> Calderdale Staying Safe Do you need advice or support? Drop in Session at Innovations 1 st & 3 rd Thursday of the month From 10am – 12pm	Antenatal Clinic & Postnatal Clinic 8.30am – 2:00pm <i>Appointment only</i>	Child-minder Network Session 9:00am – 11:30am TERM TIME ONLY Stay and Play session for child-minders and their children. Chat & Play 1:30pm – 3:00pm Snack for children, coffee and a chat for parents. £1.60 per family
F R I D A Y	Antenatal Clinic 8:00am – 1:00pm <i>Appointment only</i> Dads R Us Saturday 1 st September Sports Day	Fly Kite Festival Saturday 29th September 11.00-5.00pm Lets go fly a kite to celebrate our vibrant communities	Baby Adventures 1:00pm – 2:30pm Drop in stay and play session for you and your baby, (0-14 months) Free refreshments £1.60 per family.	Post – natal Clinic 9.00am -12.00am <i>Appointment only</i>	Need help claiming benefits? Have a problem with housing? Do you have issues with debt? Need help filling in a form? If yes is the answer to any of these questions. Please ring Mixenden Parents Resource Centre on 01422 240043 to book an appointment	Yoga for adults 10:00am – 11:30am Every Friday TERM TIME ONLY Call Helen for costs and bookings on 07925 102461 Children's Centre doesn't deliver this activity Art Class 1.00pm – 3.00pm Every Friday All stages welcome & materials provided Call Annette Duncan on 07484 370310 further information Children's centre doesn't deliver this activity

You can book any of our training or activities online through our website www.surestartchildrenscentresnhp.org.uk Alternatively complete a booking form and hand in at your nearest Children's Centre or ring 01422 266197 Follow us on Facebook: Sure Start Children's Centres NHP

