



# What's On Guide –February 2019

Please call 01422 266197 for more information

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>2 Year Reviews Monday mornings Health Visiting Team <b>Appointment Only</b></p>	<p><b>Antenatal &amp; Postnatal Clinic</b> 9.00am – 4.00pm <b>Appointment Only</b></p>	<p><b>Tiny Treasures</b> 9.30am – 11.00am Aimed at 0 – 'walkers' <b>Drop in Session</b> £1.50 per family</p> <p><b>Well Baby Clinic</b> 9am-11am <b>Drop in session</b></p>	<p>Antenatal &amp; Postnatal Clinic 8.40am – 4.40pm <b>Appointment Only</b> To book appointments please call 01484 728934</p> 	<p>Family Support Drop In 9.30am – 11.30am Support and advice for parents <b>Drop in Session</b></p> 	
	<p>Adventure World <b>FREE</b> Playgym Event <b>Tuesday 19<sup>th</sup> February 2019</b> 10am-12.30pm <b>AND</b> 12.30pm-3pm Suitable for up to <b>9</b> years old. Buffet provided. Please ring Field Lane Children's Centre to book a place 01484 386621 by <b>15/02/19</b></p> <p>Adventure World <b>FREE</b> Playgym Event <b>Tuesday 26<sup>th</sup> February 2019</b> 12.30pm-2.30pm Suitable for up to <b>5</b> years old. Buffet provided. Please ring Field Lane Children's Centre to book a place 01484 386621 by <b>22/02/19</b></p>		<p>Yorkshire Smokefree run a stop smoking clinic every Thursday 12:30pm – 4:30pm For more information or to book an appointment call 01422 262373</p>		

Activity	Date/day	Time	Details
Work Club	Every Monday	1.00pm – 3.00pm	The Work Club is a free group that offers support to families and young people who are looking for work, training, volunteering opportunities, apprenticeships or short courses. We can offer support with CV writing and job searching.
Adventure Play Gym Event	Tuesday 19 <sup>th</sup> and 26 <sup>th</sup> February 2019	10am-12.30pm + 12.30pm-3pm. 12.30pm-2.30pm	A free event for families to make use of the play gym, enjoy a buffet and have fun. To book a place please ring Field Lane Children's Centre on 01484 386621.
Well Baby Clinic	Every Wednesday	9am-11am	A clinic run for health and development advice and support for you and your child. An opportunity to weigh your baby as well.
Tiny Treasures	Every Wednesday	9.30am – 11.00am	This is a stay and play session aimed at 0-walkers. A chance for your baby to play and engage in activities with babies of a similar age. There are lots of activities to do and it is also a great chance for new mums to chat and share experiences. £1.50 per family.
Clinics and Services	Date/day	Time	Details
2 Year Reviews	Monday	AM	A Health Visitor will contact you when this appointment is due.
Antenatal Clinic	Tuesday	9.00am – 4.00pm	By appointment only. Please call 01484 728934 to make an appointment.
Antenatal Clinic	Thursday	8.40am – 4.40pm	By appointment only. Please call 01484 728934 to make an appointment.
Stop Smoking Clinic	Thursday	12.30pm – 4.30pm	This is available to anyone who would like to stop smoking. For more information or to make an appointment contact Yorkshire Smokefree on 01422 262373.
Well Baby Clinic	Wednesday	9.00am – 11.00am	Well baby clinics are run by Locala's Health Visiting Team, offering health and development advice and support for you and your child. For more information please contact: 030 0304 5076
Family Support Drop In	Friday	9.30am – 11.30am	This is a chance for you to call into the centre for a confidential chat with a member of staff, who can give you support and information on a wide range of issues.



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