







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Antenatal Clinic <i>All day Appointment Only</i>	Antenatal Clinic <i>All day Appointment Only</i>	Baby Group 10.00 – 11.30am <i>Suitable 0 - walkers Just drop in no need to book £1.50 per family</i>		
Breast Feeding Friends 10.00am – 11.30am A support group for breastfeeding mums Just Drop in – no need to book			Well Baby Clinic 9.00am – 12.00am Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information contact: 03003 045076		
	Childminder's Group 9.15am – 10.45am <i>Drop in No need to book £1.50 per family Term Time Only</i>	Baby Massage 6 th March 2019 1pm-2pm 4 weeks course Teaching parents how massage can aid relaxation sleep and assist with colic.	Postnatal Clinic 11.30am - 5.00pm <i>Appointment Only</i>	Buggy Walk 9.15am – 11.00am Walk around the local park then back to the children's centre for refreshments 8th and 22nd March	
		Messy Monkeys @ Whinney Hill Community Centre 9.15am-10.45am <i>Suitable for walkers to 5 years No need to book £1.50 per family Term Time only</i>	Paediatric First Aid 7 th March 2019 6.00pm-9.00pm 4 weeks course An accredited course dealing with situations such as choking, CPR and shock.		 Follow us on Facebook: Sure Start Children's Centres North East Halifax Or Visit: www.surestartchildrenscentresnhp.org.uk



What's On Guide – March 2019
Please call 01484 714768 for more information

**Wellholme Park
 Bradford Road
 Brighouse
 HD6 4AF**

Activity	Date/day	Time	Details
Breast Feeding Friends	Monday	10.00am – 11.30am	Support group for Mother's breastfeeding
Childminder Group	Tuesday	9.15am – 10.45am	Drop in session for childminders and their children. Come along for a change of setting and only pay the family rate of £1.50
Antenatal Clinic	Tuesday, Wednesday	All Day Appointment Only	Please call the midwife team on 01484 728934 for all appointments
Messy Monkeys Whinney Hill Community Centre	Every Wednesday <i>*Term Time Only</i>	9.15 am – 10.45 am	This is a stay and play messy session for your family suitable for walking to 5 years. No need to book There is a charge of £1.50 per family
Postnatal Clinic	Every Thursday	11.30 am – 5.00 pm Appointment only	Please call the midwife team on 01484 728934 for all appointments
Well Baby Clinic	Thursday	9.00 am-12.00 pm Drop In	Drop In clinic at Wellholme Park Children's Centre. For more information contact the Locala Team on 03003 045076.
Baby Group	Thursday	10.00am - 11.30am Drop in no need to book	Play session for parents and carers with children 0 to walkers. There is a charge of £1.50 per family
Buggy Walk	Every other Friday	9.15am – 11.00am	Walk around the local park and then back to the children's centre for refreshments



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