

# Well Baby Clinic Drop in Session

**Illingworth Community Children's Centre**  
**Thursday: 9.30 am - 11.30 am**

## **Drop in for advice on:**

Babies Health  
Weight Monitoring  
Breastfeeding Support  
Weaning Advice  
Postnatal Support  
Baby Massage Tips  
Sleeping Patterns  
Emotional Support  
Including Maternal Mental  
Health Issues



**For more information**

Call the Health Visitors Team on 01422 367891