

# Breastfeeding Advice and Support Drop in Session



The Health Visitors Team is offering one to one advice, support and guidance to parents around breast feeding, sleeping patterns, weaning etc. It is a great opportunity to meet new mums, share your experiences and have a chat.

Just turn up on the day



**Every Thursday at  
Illingworth Community Children's Centre  
12.00 pm - 1.30 pm**

For further information please call the Health Visitors Team on  
01422 367168