

# Wellholme Park Children's Menu



**Week 1**



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink
Dinner	Cottage Pie topped with Potato & Cauliflower, Mash, Peas and Carrots  Rice Pudding	Ham & Cheese Quiche, New Potato & Salad  Crumble and Custard	Cowboy Pie & Seasonal Vegetables  Crunchy Fruit Yoghurt	Hunters Chicken with Seasonal Vegetables  Sponge & Custard	Flaked Fish, Sweet Potato Mash & Seasonal Vegetables  Cheesecake
Tea	Toasted Bagel with Cream Cheese & Tomato  Fruit	Beans on Toast  Fruit	Crusty Bread with assorted topping & cucumber & tomatoes  Fruit	Jacket Potato with Cheese & Beans  Fruit	Assorted Sandwiches  Fruit

The foods provided at Wellholme Park may contain food allergens, below are a list of these allergens if you would like to know more about this please speak to Miranda our cook or a senior member of staff.

- Eggs
- Crustaceans

Soyabeans  
Nuts

Sesame  
Molluscs  
Peanuts

Fish  
Cereals containing gluten  
Milk  
Celery

Lupin  
Sulphur dioxide

# Wellholme Park Children's Menu



**Week 2**



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfas	Cereal Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink
Dinner	Savoury Mince, Yorkshire Pudding & Mashed Potatoes	Fishcakes, Wedges & Baked Beans	Meatballs in tomato sauce with Spaghetti	Chicken and Vegetable Stir Fry with Noodles	Tomato Pasta Bake & Garlic Bread
	Mixed Berry Muffins	Flapjack	Jelly & Ice cream	Lemon Meringue Pie	Trifle
Tea	Spaghetti on Toast	Toasted Currant Teacake	Homemade Pizza	Assorted Sandwiches	Ham and Cheese Panini
	Fruit	Fruit	Fruit	Fruit	Fruit

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- Eggs
- Crustaceans

Soyabeans  
Nuts  
Peanuts

Sesame  
Molluscs  
Mustard

Fish  
Cereals containing gluten  
Sulphites

Milk  
Celery

Lupin  
Sulphur dioxide

# Wellholme Park Children's Menu

**Week 3**



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink
Dinner	Cheese & Tomato Quiche, Wedges & Beans  Strawberry Whip	Chicken Curry & Naan Bread  Chocolate Brownie	Sausage Casserole  Fruit Crumble and Custard	Beef Stew with Herby Dumplings  Milk Pudding	Fish Pie with Seasonal Vegetables  Sponge & Ice cream
Tea	Cheese & Tomato Croissant Fruit	Jacket Potato with Fillings  Fruit	Assorted Sandwiches  Fruit	Beans on Toast  Fruit	Macaroni Cheese  Fruit

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- Eggs
- Crustaceans
- Peanuts
- Mustard

- Soyabeans
- Nuts
- Mustard
- Sulphites

- Sesame
- Molluscs
- Sulphites

- Fish
- Cereals containing gluten
- Milk
- Celery

- Lupin
- Sulphur dioxide

# Wellholme Park Children's Menu

Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Fruit Drink	Cereal Fruit Drink	Cereals Fruit Drink	Cereal Fruit Drink	Cereal Fruit Drink
Dinner	Toad-in-the-hole, mashed potatoes & Seasonal Vegetables  Cheese cake	Pasta Bolognese & Garlic Bread  Fruit Pie & Custard	Chicken & Mushroom Pie, Potatoes & Vegetables  Cornflake Tart	Fish Pie with Sweet Potato Mash & Seasonal Vegetables  Jam Roly-Poly & Custard	Cannelloni & Crusty Bread  Sponge & Ice cream
Tea	Pitta Bread with Tuna & Cucumber  Fruit	Mini Cheese & Onion Pasty  Fruit	Crusty Bread with Toppings  Fruit	Pasta Salad  Fruit	Mini Fishcakes  Fruit

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- Eggs
- Crustaceans
- Peanuts
- 

- Soyabeans
- Nuts
- Mustard

- Sesame
- Molluscs
- Sulphites

- Fish
- Cereals containing gluten
- Milk
- Celery

- Lupin
- Sulphur dioxide