



Monday

**2 Year Reviews**  
Mornings  
Health Visiting Team  
**Appointment only**

**Work Club**  
1:00pm – 3:00pm  
Support & advice seeking employment  
**Drop in session**

**Antenatal Clinic**  
**Appointments only**

**Family Support Drop In**  
9:00am – 11:00am  
**No need to book - Just drop in**

**Messy Adventurers**  
**0 – 5 year olds**  
1.30pm – 3.00 pm  
**No need to book in!!**  
£1.50 per family  
**Boomchikkaboom**  
**Joining group on Monday 1st October**

**Breast Feeding Friends**  
10.00am – 11.30am  
A support group for breastfeeding mums  
**Just Drop in – no need to book**

**Bed Time Stories**  
8<sup>th</sup> October 2018  
3 week course  
1.00pm-2.00pm  
Teaching adults the importance of stories at bedtime

Tuesday

**Antenatal & Postnatal Clinic**  
9.00am – 4:00pm  
**Appointment only**

**Tiny Treasures**  
1:00pm – 2:30pm  
Aimed at 0 – 'walkers'  
**No need to book – Just drop in**  
£1.50 per family

**Well Baby Clinic**  
**1.00pm – 3.00pm**  
Run by Locala's Health Visiting team offering health and development advice.  
**Drop in session**  
For more information please contact:  
030 0304 5076

**Antenatal Clinic**  
All day  
**Appointments Only**



**Childminder's Group**  
9.15am – 10.45am  
**Drop in – no need to book**  
£1.50 per family

Wednesday

**Tiny Treasures**  
9.30am-11.00am  
Aimed at 0 – 'walkers'  
**Just drop in**  
£1.50 per family

**Well Baby Clinic**  
9.00am – 11.00am  
Run by Locala's Health Visiting team offering health and development advice.  
**Drop in session**  
For more information please contact:  
030 0304 5076



**Antenatal Clinic**  
All day  
**Appointment Only**

**Messy Monkeys @  
Whinney Hill Community Centre**  
9.15am – 10.45 am  
Suitable for 'walkers' to 5 years  
**No need to book - Just drop in**  
£1.50 per family

Thursday

**Antenatal & Postnatal Clinic**  
8:40am – 4:40pm  
**Appointment only**

**Yorkshire Smoke Free-Stop Smoking Clinic**  
Every Thursday  
12:30pm – 4:30pm  
for information or to book an appointment  
call 01422 262373

**Messy Monkeys**  
1:00pm – 2:30pm  
Suitable for 'walkers' to 5 years  
**No need to book - Just drop in**  
£1.50 per family



**Baby Group**  
10:00am – 11:30am  
Aimed at 0 – 'walkers'  
**No need to book - Just drop in**  
£1.50 per family

**Well Baby Clinic**  
9.00 am – 12.00 noon  
Run by Locala's Health Visiting team offering health and development advice.  
**Drop in session**  
For more information please contact:  
030 0304 5076

**Postnatal Clinic**  
11.30am – 5.00pm  
**Appointment Only**

Friday

**Family Support Drop In**  
9:30am – 11:30am  
Support & advice for parents  
**Just drop in**

Saturday

**Saturday Splat Group**  
10:00am – 11:30am  
For children with additional needs  
**First Saturday of Every Month**  
**Next session: 6<sup>th</sup> October 2018**  
£1.50 per family

You can book any of our training or activities online through our website <http://surestartchildrenscentresnhp.org.uk> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 266197

