

# What's On Guide – October 2018

Please call 01422 434006 for more information

## MONDAY

### Crafty Ladies!

4:00pm – 6:00pm

Come along every fortnight to indulge your hobby and make new friends.

Phone 01484 714768 to check dates.



## TUESDAY



### Tiny me

Stay and Play for parents and babies 0-18months.

9:30am -11:00am

Just drop in £1.60

Per family

Term Time Only

**Well Baby Clinic**  
Delivered by the Health Visitors  
Every Tuesday  
1:00pm-3:00pm



## WEDNESDAY

### Rhythm Time

3<sup>rd</sup> October 2018

for four weeks

10.00am-11.00am

A musical course designed to enhance your child's co-ordination and musical ear.



## THURSDAY

### Child-minder Network Session

9:00am – 11:30am

Term Time Only

Stay and play session for Child-minders and their children

### Chat & Play

1:30pm – 3:00pm

Snack for children, coffee and a chat for parents.

£1.60 per family



## FRIDAY

### Yoga for adults

10:00am – 11:30am

Call Helen for costs and booking on 07925 102461

The Children's Centre does not deliver this activity



### Art Class

1:00pm – 3:00pm

Every Friday

All stages welcome and all materials provided!

Please call Annette

Duncan on 07484

370310 for more

information.

The Children's Centre

does not deliver this activity



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Or visit:

[www.surestartchildrenscentresnhp.org.uk](http://www.surestartchildrenscentresnhp.org.uk)

Phone 01422 266197 to book onto any of the courses.

Activity	Date/day	Time	Details
<u>Tiny Me</u>	Tuesday (Term Time Only)	9:30am – 11:00am	Stay and Play for parents and babies 0-18months. Term Time only. Just drop in. £1.60 per family. <b>This activity is at the HUB.</b>
<u>Well Baby Clinic</u>	Tuesday	1:00pm – 3:00pm	A new session delivered by the Health Visitors, every Tuesday, a drop in clinic to weigh your baby and seek help and advice from the Health Visitors. <b>This activity is at the HUB/ 030 03045076 (Health Visitors)</b>
<u>Child-minder Network Session</u>	Thursday (Term Time Only)	9:00am – 11:30pm	Stay and play session for child-minders and their children. A very good opportunity to speak with other child-minders and meet new people. <b>This activity is at the HUB.</b>
<u>Chat and play</u>	Thursday	1:30pm – 3:00pm	A great opportunity to socialise with other parents and for your children to play. Refreshments are provided, come along and have a chat. A small fee of £1.60 per family. <b>This activity is at the HUB.</b>

The Children's Centre hub strives to meet the needs of the Children, young people and families and values partnership working and the views of parents.

*The Centre opening times are dependent on service needs.*

