



Monday	<p>2 Year Reviews Afternoons Health Visiting Team Appointment only</p> <p>Baby Group 10.00am-11.30am A stay and play session for Children aged 0 – walking. £1.50 per family No need to book – just turn up!</p>		<p>Family Support Drop In 9:00am – 11:00am No need to book - Just drop in</p> <p>NEW! 30th March. School Nurse Drop In To run alongside the Family Support Drop In. 9am – 11am. No need to book, just turn up.</p> <p>Messy Adventurers 0 – 5 year olds 1.30pm – 3.00 pm No need to book in!! £1.50 per family</p>	<p>Breast Feeding Friends 10.00am – 11.30am A support group for breastfeeding mums Just Drop in – no need to book</p>
Tuesday	<p>Antenatal & Postnatal Clinic 9.00am – 4:00pm Appointment only</p>		<p>Child Health- Well Baby Clinic 1.00pm – 3.00pm Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p>	<p>Antenatal Clinic All day Appointments Only</p>  <p>Childminder's Group 9.15am – 10.45am Drop in – no need to book £1.50 per family Term Time Only</p>
Wednesday	<p>Well Baby Clinic 9.00am – 10.45am Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p> <p>Yorkshire Smoke Free-Stop Smoking Clinic Every Thursday 2:00pm – 4:30pm for information or to book an appointment call 01422 262373</p>	<p>2 Year Reviews Mornings Health Visiting Team Appointment only</p>	<p>Mini Rollers. 4th March 2020 10am – 11am Aimed at 0 – pre walkers. A 4 week family learning course entertaining baby with music and movement for both babies and parents promoting positive touch, developmental play and overall – having fun together.</p> <p>1 and2 Year Old Reviews Afternoons Health Visiting Team Pre-booked Appointments only</p>	<p>Antenatal Clinic All day - Appointment Only</p> <p>Messy Monkeys @ Whinney Hill Community Centre 9.15am-10.45am <i>Suitable for walkers to 5 years. No need to book.</i> £1.50 per family</p> <p>Paediatric First Aid 11th March 2020 9.30am-12.30am A four week course covering various first aid situations. Learners will gain a level 3 qualification if they attend all sessions.</p>
Thursday	<p>Antenatal & Postnatal Clinic 8:40am – 4:40pm Appointment only</p> <p>Spring Crafts Thursday 19th March 2020 10.00am – 12:00pm Southgate Methodist Church Langdale Street, Elland, HX5 0JL Ideally suitable for children 18months + A craft session encouraging families to explore their creative talents making creations they can take home and display year after year. To book a place please complete the online application at www.surestartchildrenscentresnhp.org.uk</p>	<p>Parent & Toddler Group 10.00am-11.30am Come and join us for our NEW stay and play session for children aged 0 to 5 years old £1.50 per family Free snacks provided. No need to book Just turn up!</p>	<p>1 and2 Year Old Reviews Afternoons Health Visiting Team Pre-booked Appointments only</p>	<p>Baby Group 10:00am – 11:30am Aimed at 0 – 'walkers' No need to book - Just drop in £1.50 per family</p> <p>Well Baby Clinic 9.00 am – 11.15am Run by Locala's Health Visiting team offering health and development advice. Drop in session For more information please contact: 030 0304 5076</p> <p>Postnatal Clinic 11.30am – 5.00pm Appointment Only</p>
Friday	<p>Family Support Drop In 9:30am – 11:30am Support & advice for parents Just drop in</p>			<p>Family Walk 6th and 20th March 2020 09.30am – 11.00am Walk around the local park then back to the children's centre for refreshments.</p> <p>All things Spring 6th March 2020 1.30pm-2.30pm A 4 week course encouraging children to get excited about plant life.</p>
Sunday	<p>Lower Valley Swimming Event Sunday 8th March 2020 @ Brighouse Swimming Pool</p>	<p>Different swimming sessions for the family between 1pm and 3pm. This is a FREE Event for any registered families. So please ring 01484 714768 to book your place or check if you are registered with us.</p>		

You can book any of our training or activities online through our website <http://surestartchildrenscentresnhp.org.uk> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 266197



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