

# What's On Guide – March 2020

Please call 01422 434006 for more information

## MONDAY



### Crafty Ladies!

4:00pm – 6:00pm  
 Come along every fortnight to indulge your hobby and make new friends.  
 Phone 01484 714768 to check dates.



## TUESDAY

### Tiny me

Stay and Play for parents and babies 0-18months.  
 9:30am -11:00am  
 Just drop in £1.60  
 Per family



**Well Baby Clinic**  
**Delivered by the Health Visitors**  
**Every Tuesday**  
**1:00pm-3:00pm**



## WEDNESDAY

### Paediatric First Aid

**Wednesday 26<sup>th</sup> February- 18<sup>th</sup> March 2010**

**9.30am- 12.30pm**

4 weeks learning a Level 3 award in Paediatric First Aid, learners will gain the knowledge in dealing with first aid situations for example choking, CPR and shock.

Learners must attend the full 12 hours to gain accreditation.

Bookings only.



## THURSDAY

### Child-minder Network Session

**09:00am – 11:30am**

**TERM TIME ONLY**

Stay & Play session for child minders and their children



**Chat & Play**  
**1:30pm – 3:00pm**

Snack for children, coffee and a chat for parents.

£1.60 Per Family

## FRIDAY

**Yoga for adults**  
**10:00am – 11:30am**

*Call Helen for costs and booking on 07925 102461  
 The Children's Centre does not deliver this activity*



**Art Class**  
**1:00pm – 3:00pm**  
**Every Friday**



All stages welcome and all materials provided!  
 Please call Annette Duncan on 07484 370310 for more information.  
*The Children's Centre does not deliver this activity*

Activity	Date/day	Time	Details
<u>Paediatric First Aid</u>	Wednesday 26 <sup>th</sup> February 2020- Wednesday 18 <sup>th</sup> March 2020	9.30am – 12.00am	4 Weeks learning a Level 3 award I Paediatric First Aid, learners will gain the knowledge in dealing with first aid situations for example choking, CPR and Shock.
<u>Tiny Me</u>	Tuesday	9:30am – 11:00am	Stay and Play for parents and babies 0-18months. Term Time only. Just drop in. £1.60 per family. <b>This activity is at the HUB.</b>
<u>Well Baby Clinic</u>	Tuesday	1:00pm – 3:00pm	A new session delivered by the Health Visitors, every Tuesday, a drop in clinic to weigh your baby and seek help and advice from the Health Visitors. <b>This activity Is at the HUB/ 030 03045076 (Health Visitors)</b>
<u>Child-minder Network Session</u>	Thursday (Term Time Only)	9:00am – 11:30pm	Stay and play session for child-minders and their children. A very good opportunity to speak with other child-minders and meet new people. <b>This activity is at the HUB.</b>
<u>Chat and play</u>	Thursday	1:30pm – 3:00pm	A great opportunity to socialise with other parents and for your children to play. Refreshments are provided, come along and have a chat. A small fee of £1.60 per family. <b>This activity is at the HUB.</b>