



Monday

0-4 years
Parent and Toddler sessions
Every Monday
2.00pm – 2.30pm

Fun interactive sessions to help support your child's development. Each session will be different. To book your place call 01422 266197

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Tuesday

Antenatal Clinic
All day - **Appointment Only**

Let's Get Walking and Talking
1.30pm – 3.00pm
3rd November 2020

Guided walk for new parents setting off from Elland Children's Centre. To book your place call 01422 266197.

0-18 months
Get together sessions
Every Tuesday
9.30am – 10.00am

Meet, chat and take part in some fun age appropriate activities. Each session will be different. To book your place call 01422 266197.

Let's Get Walking and Talking @ Holywell Green
1.30pm – 3.00pm
10th November 2020

Guided walk for new parents setting off from **Shaw Park Car Park**. To book your place call 01422 266197.

Let's Get Walking and Talking
1.30pm – 3.00pm
24th November 2020

Guided walk for new parents. Setting off from The Space To book your place call 01422 266197.

0-18 months
Get together sessions
Every Tuesday
9.30am – 10.00am

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Antenatal Clinic
All day
Appointments Only

0-18 months
Get together sessions
Every Tuesday
9.30am – 10.00am

Meet, chat and take part in some fun age appropriate activities. Each session will be different. To book your place call 01422 266197.



Wednesday

Postnatal Clinic
8.30am – 12:30pm
Appointment only

Antenatal Clinic
All day - **Appointment Only**

Thursday

Antenatal Clinic
All day - **Appointment Only**

0-18 months
Get together sessions
Every Thursday
10.30am – 11.00am

Meet and chat with other parents and take part in some fun age appropriate activities to support development. To book your place call 01422 266197.

0-4 years
Parent and Toddler sessions
Every Thursday
1.30pm – 2.00pm

Fun interactive sessions to help support your child's development. Each session will be different. To book your place call 01422 266197.

Lower Valley Family Support Drop in
For advice, information and support please ring 01484 386621.

A member of the team will arrange a face to face appointment at The Space, Rastrick between 1.15pm and 2.45pm (available Term Time Only)

0-18 months
Get together sessions
Every Thursday
10.30am – 11.00am

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0-4 years
Parent and Toddler sessions
Every Thursday
1.30pm – 2.00pm

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Every Thursday
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0-4 years
Parent and Toddler sessions
Every Thursday
1.30pm – 2.00pm

Fun interactive sessions to help support your child's development. Each session will be different. To book your place call 01422 266197.

Friday

Antenatal & Postnatal Clinic
All day - **Appointment Only**

We're all in this together family walk
10.30am – 12.00pm
6th November 2020

Come along for a chat in the great outdoors. Setting off from Elland Children's Centre. To book your place call 01422 266197.

We're all in this together Family Walk @ Holywell Green
10.30am – 12.00pm
13th November 2020

Come along for a chat in the great outdoors - setting off from **Shaw park Car Park** To book your place call 01422 266197

We're all in this together family walk
10.30am – 12.00pm
26th November 2020

Come along for a chat in the great outdoors - setting off from The Space To book your place call 01422 266197.

We're all in this together family walk
10.30am – 12.00pm
20th November 2020

Come along for a chat in the great outdoors. To book your place call 01422 266197.

Additional Activities –

Pre-recorded sessions will be released on the Family app every other Friday. To request the link for these contact 01422 252209. This month there will be cooking, getting moving and a scavenger hunt....

We are currently offering a range of:

Online courses via Zoom including Baby Massage, Baby Yoga, Mini Sign, Mini Fit and a Back to school workshop.

Virtual college online courses including First Aid, COSHH, Fire Safety, Customer care and Food Hygiene.

If you are interested in any of these you can follow the link below to book on:

<http://surestartchildrenscentresnhp.org.uk/core-services/family-learning/>

You can book any of our training or activities online through our website <http://surestartchildrenscentresnhp.org.uk> Alternatively complete a booking form and hand in at your nearest children's centre or ring 01422 266197



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