

Wellholme Park Children's Menu

Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Brioche	Cereal Toast	Cereal Crumpets	Cereal Toast
Dinner	Lentil and seasonal vegetables curry with Rice Apple crumble and Custard	Chicken Pie, New Potatoes, seasonal vegetables Fruit Platter	Tuna and Sweetcorn Pasta Bake with garlic bread Rice Pudding with Peaches	Roast pork, roast potatoes, seasonal vegetables Wholemeal Biscuit and Melon slice	Savory Mince, Yorkshire Pudding and seasonal vegetables Fruit Jelly and Ice cream
Tea	Homemade Pizza Fruit	Make your own sandwiches Fruit	Cheese and Onion Pasties with beans Yoghurts	Wedges and homemade dips Fruit	Beans on toast Fruit

The foods provided at Wellholme Park may contain food allergens, below are a list of these allergens if you would like to know more about this please speak to Miranda our cook or a senior member of staff.

- Eggs
- Crustaceans
- Peanuts

- Soyabeans
- Nuts
- Mustard

- Sesame
- Molluscs
- Sulphites

- Fish
- Cereals containing gluten

- Milk
- Celery

- Lupin
- Sulphur dioxide