

Wellholme Park Children's Menu

Week 4



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Crumpets	Cereal Toast	Cereal Currant teacakes	Cereal Toast
Dinner	Curried Vegetable Pasties, rice and salad Banana and ice cream	Chicken Casserole, New potatoes and seasonal vegetables Flapjack and orange slices	Fish Goujons, Potato Wedges, Mushy Peas Rainbow sponge and custard	Meat and Potato Pie with seasonal Vegetables Fruit salad	Spaghetti Bolognese with Garlic Bread Apple Pie and custard
Tea	Cheese Toasties Fruit	Ploughman's Platter Fruit	Homemade pizza Fruit	Homemade sausage rolls with coleslaw Yoghurt	Make your own sandwiches Fruit

The foods provided at Wellholme Park may contain food allergens, below are a list of these allergens if you would like to know more about this please speak to Carole our cook or a senior member of staff.

- Eggs
- Crustaceans
- Peanuts
- Soyabeans
- Nuts
- Mustard
- Sesame
- Molluscs
- Sulphites
- Fish
- Cereals containing gluten
- Milk
- Celery
- Lupin
- Sulphur dioxide