

						
<b>M O N D A Y</b>	<u>Antenatal Clinic</u> 9:00am – 4:30pm Appointment Only Tel 01422 261351			<u>Antenatal Clinic</u> 9:00am – 4:00pm Appointment only  Tel 01422 261351		<u>Baby Yoga</u> 11am -12.00pm Booking Essential  Starts 20 <sup>th</sup> Sept for 4 weeks Ends 11 <sup>th</sup> Oct Tel 01422 254676 or <a href="http://www.surestartchildrenscentre.snhp.org.uk">www.surestartchildrenscentre.snhp.org.uk</a>
<b>T U E S D A Y</b>	<u>Baby &amp; Toddler Group</u> 1.30pm – 3.00pm Up to 2 yrs old  Term time only *Cost £1.60 per family  <b>BOOKING ONLY</b> 01422 434006	<u>Midwife Clinic</u>  Ash Green – Vicarage Site Every Tuesday from 9am Clinic runs by appointment only For more information please contact the midwife team on <b>Tel 01422 261351</b>	“Have your say”  We have regular meetings of our Parents forum and Advisory Board Panel. Anyone interested in attending should contact Kirilea Whitehead on 01422 243941	<u>Antenatal Clinic</u>  9:00am – 4:00pm Appointment only  Tel 01422 261351	<u>Dads R US contact</u> <b>Tel 07760 592257</b> For more information	“Have your say”  We have regular meetings of our Parents forum and Advisory Board Panel. Anyone interested in attending should contact Kirilea Whitehead on 01422 243941
<b>W E D N E S D A Y</b>	<u>Antenatal Clinic</u> 9:00am – 4:30pm Appointment Only Tel 01422 261351  <u>Health Visitor</u> 9.00am – 2.00pm Appointment Only Tel 0300 3045 076	<u>2 year Development check</u> Ash Green Uppersite Portacabin 9.00am – 3.00pm Appointment only	<u>Antenatal Clinic</u> 9:00am – 2:00pm <b>Appointment only</b> Tel 01422 261351  <u>Baby &amp; Toddler Group</u> 9.30am – 11.00am Every Wednesday  *Cost £1.60 per family  Drop in stay and play activity session 0-4 yrs	<u>Pregnancy Wellness</u> 10.00am-11.00am <b>Booking Essential</b> Tel 01422 254676 or <a href="http://www.surestartchildrenscentre.snhp.org.uk">www.surestartchildrenscentre.snhp.org.uk</a> for 2 weeks from Weds 22 <sup>nd</sup> Sept	<u>North &amp; East Family Support Team</u> <b>Parent call back service</b> Offering Support for numerous things Inc. school worries letter writing, money management. <b>Every Wednesday 9.00am – 11.00am</b> <b>01422 251090</b>	
<b>T H U R S D A Y</b>	<u>CAMHS</u>  <b>BOOKING ONLY</b> 01422 434006	<u>Budget Like A Boss</u>  9.30am – 1.00pm 1 <sup>st</sup> & 25 <sup>th</sup> November <b>Booking Essential</b>  Tel 01422 364664 E: <a href="mailto:debt@noahsarkcentre.org.uk">debt@noahsarkcentre.org.uk</a>	<u>Well Baby Clinic</u> Appointment only 9.30am – 11.30am Tel. 0300 3045 076  <u>Baby &amp; Me</u> 10.00am – 11.00am 5week program- invite only for mums with new babies <b>BOOKING ONLY</b> 01422 243633	<u>Well Baby Clinic</u> Appointment only 9.00am – 4.00pm Tel. 0300 3045 076  <u>Baby Massage</u> 10.30am-11.30am <b>Booking Essential</b> Tel 01422 254676 or <a href="http://www.surestartchildrenscentre.snhp.org.uk">www.surestartchildrenscentre.snhp.org.uk</a> at Forest Cottage From Thurs 9 <sup>th</sup> Sept For 4weeks	<u>Antenatal &amp; Postnatal Clinic</u> 8.30am – 2:00pm Appointment only Tel 01422 261351  <u>Paedatric First Aid</u> Thurs 30 <sup>th</sup> Sept for 4 weeks At Forest Cottage 9.00am – 1230pm <b>Booking Essential</b> Tel 01422 254676 or <a href="http://www.surestartchildrenscentre.snhp.org.uk">www.surestartchildrenscentre.snhp.org.uk</a>	<u>Baby &amp; Toddler Group</u>  9.15am-10.45am Term time only Up to 4 years *Cost £1.60 per family <b>BOOKING ONLY</b> Ring 01422 434006
<b>F R I D A Y</b>	<u>CAMHS</u>  <b>BOOKING ONLY</b> 01422 434006	<u>Dads R US contact</u> <b>Tel 07760 592257</b> For more information	<u>Budget Like A Boss</u>  9.30am – 1.00pm 1 <sup>st</sup> & 8 <sup>th</sup> October  Tel 01422 364664 E: <a href="mailto:debt@noahsarkcentre.org.uk">debt@noahsarkcentre.org.uk</a>	<u>Baby &amp; Toddler Group</u>  9.15am-10.45am  Cost £1.60 per family  Tel 01422 248222 To book on	<u>North &amp; East Family Support Team</u> <b>Parent call back service</b> Offering Support for numerous things Inc. school worries letter writing, money management. <b>Every Friday 9.30am – 11.30am</b> <b>01422 251090</b>	

Follow us on Facebook: [Sure Start Children's Centres NHP](https://www.facebook.com/SureStartChildrensCentresNHP)  
Visit our website: [www.surestartchildrenscentresnhp.org.uk](http://www.surestartchildrenscentresnhp.org.uk)

