

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|---|--|--|---|
| Breakfast | Selection of Cereals Toasted pancakes with butter Wheat, Gluten, Soya, Dairy | Selection of Cereals Toasted Bagels with butter Wheat, Gluten Dairy, | Selection of Cereals Toasted muffins with butter Wheat, Gluten Dairy | Selection of Cereals Toasted crumpets with butter Wheat, Gluten Dairy | Selection of Cereals Toast and butter Wheat, Gluten Dairy |
| Lunch | Cottage pie, Broccoli and Gravy Dairy, wheat and Gluten | Minced beef Lasagne and Garlic bread Egg, Wheat, Gluten and Dairy | Fish pie, peas, carrots and parsley sauce Fish, Dairy, celery and Gluten | Minced Turkey and vegetable wrap Cauliflower Gluten, Wheat | Chicken Bake with Vegetables and Gravy Crusty Bread and butter Dairy, Wheat and gluten |
| Dessert | Gingerbread men with apple slices Dairy, Gluten and egg | Cherry crumble with custard Dairy, Gluten and egg | Coconut Bar Dairy, egg, Gluten | Rice pudding with Strawberries Dairy, wheat and Gluten | Shortbread biscuits and yoghurts Gluten, wheat and Dairy |
| Snacks | Rice cakes with soft cheese Grapes Dairy, Wheat | Bread sticks and dips Dairy, Gluten and Wheat | Pancakes with berries, yoghurt Dairy, egg, Wheat and Gluten | Buttered crackers and cheese Wheat, Gluten and Dairy | Crispbread with butter Banana Wheat, Gluten and Dairy |
| Tea | Spaghetti hoops on toast with grated cheese Gluten, wheat and dairy | Cheese onion and potato roll with baked beans Gluten, wheat Dairy | Jacket potatoes Tuna mayo with sweetcorn Fish, Dairy | Cheese and ham Croustades with spaghetti hoops Dairy and Wheat | Fish fingers mushy peas bread and butter Gluten, dairy wheat and fish |
| Dessert | Melon | yoghurts Dairy | Pears and apples | Flap jack Gluten, Dairy, Wheat | Mixed grapes |