

Wellholme Park Children's Menu

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Toast	Cereal Crumpets	Cereal Toast	Cereal Currant teacakes	Cereal Toast
Dinner	Tomato and Basil Pasta with seasonal vegetables Apple sponge and custard	Roast Gammon, roast potato and seasonal vegetables Flapjack and Orange slices	Chicken and Spinach Curry with Rice and Pitta Bread Summer fruit crumble and custard	Sausage, mash, seasonal vegetables Fruit Salad	Cottage Pie with seasonal Vegetables Jelly and yoghurt
Tea	Make your own Sandwiches Fruit	Homemade pizza Yoghurt	Sausage Rolls and coleslaw Fruit	Beans on toast Fruit	Ham and Cheese salad Fruit

The foods provided at Wellholme Park may contain food allergens, below are a list of these allergens if you would like to know more about this please speak to Miranda our cook or a senior member of staff.

- Eggs
- Crustaceans
- Peanuts

- Soyabeans
- Nuts
- Mustard

- Sesame
- Molluscs
- Sulphites

- Fish
- Cereals containing gluten

- Milk
- Celery

- Lupin
- Sulphur dioxide