



Monday

**Elland Baby Group**

**Face to Face**

**Every Monday**

**9:30-10:15am & 10:30- 11:15am**

Fun sessions to help support your child's development. Each session will be different. To book your place call 01422 266197

**Lower Valley Family Support Team**

If you need advice, information and support please ring 01484 386621 and a member of the team will call you between **9.00am – 11.00am on a Monday**

**Parent and Toddler Group (Face to Face Session)**

**Every Monday**

**1.15pm – 2.45pm**

A play session for parents and carers with children up to 5yrs old. £1.50 per family.

**Places will be limited so it's important you book on 01484 714768.**

**Well Baby Clinic**

**Afternoon**

**Appointment Only**

**Well Baby Clinic**

**All day**

**Appointment Only**



Tuesday

**Antenatal Clinic**

All day - **Appointment Only**

**Let's get walking and talking**

**New Parents Walk**

**13<sup>th</sup> July 2021**

**10.30-11:15am or 11.15-12 noon**

Let's enjoy some fresh air and meet other new parents while on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**Holywell Green**

**Let's Get Walking and Talking - New Parents Walk**

**Tuesday 20<sup>th</sup> July**

**10:30 am or 11.15am**

Let's enjoy some fresh air and meet other new parents while on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**Let's get walking and talking**

**New Parents Walk**

**6<sup>th</sup> July 2021**

**10.30am or 11.15am**

Let's enjoy some fresh air and meet other new parents while on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**Antenatal Clinic**

All day - **Appointments Only**



**Breastfeeding Support Group**

**10am to 11.30am**

**Please book with your Health Visitor**

**Let's get walking and talking**

**New Parents Walk**

**27<sup>th</sup> July 2021**

**10.30am or 11.15am**

Let's enjoy some fresh air and meet other new parents while on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

Wednesday

**Postnatal Clinic**

**8.30am – 12:30pm**

**Appointment only**



**Antenatal Clinic**

All day - **Appointment Only**

**Baby Group (face to face session)**

**Every Wednesday**

**10.00am to 11.30am**

A play session for parents and carers with children from birth to just walking. £1.50 per family.

**Places will be limited so it's important you book on 01484 714768.**

Thursday

**Antenatal Clinic**

All day - **Appointment Only**

**Baby Zoom Group**

**Every Thursday**

**10.30am – 11.00am**

Meet and chat with other parents and take part in some fun age appropriate activities to support development.

To book your place call 01422 266197.

**Parent and Toddler Zoom Group**

**Every Thursday**

**2.00pm – 2.30pm**

Fun interactive sessions to help support your child's development. Each session will be different.

**To book your place call 01422 266197**

**Lower Valley Family Support Team**

**Drop in Session**

**Every Thursday**

**1.15pm to 2.45pm**

If you need advice, information and support please call in and speak to one of the team. (available Term Time Only)

**Baby Zoom Group**

**Every Thursday**

**10.30am – 11.00am**

Meet and chat with other parents and take part in some fun age appropriate activities to support development. Each session will be different. **To book your place call 01422 266197.**

**Parent and Toddler Zoom Group**

**Every Thursday**

**2.00pm – 2.30pm**

Fun interactive sessions to help support your child's development. Each session will be different.

**To book your place call 01422 266197**

**Baby Zoom Group**

**Every Thursday**

**10.30am – 11.00am**

Meet and chat with other parents and take part in some fun age appropriate activities to support development. Each session will be different. **To book your place call 01422 266197.**

**Parent and Toddler Zoom Group**

**Every Thursday**

**2.00pm – 2.30pm**

Fun interactive sessions to help support your child's development. Each session will be different.

**To book your place call 01422 266197**

Friday

**Antenatal & Postnatal Clinic**

All day - **Appointment Only**

**We're all in this together - Family Walk**

**23<sup>rd</sup> July 2021**

**10.30am or 11.15 am**

Let's enjoy some fresh air and some company on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**Holywell Green**

**We're all in this together - Family Walks**

**Friday 2<sup>nd</sup> July**

**10:30 am or 11:15 am**

Let's enjoy some fresh air and some company on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**We're all in this together Family Walk**

**16<sup>th</sup> July 2021**

**10.30am or 11.15am**

Let's enjoy some fresh air and some company on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**We're all in this together Family Walk**

**9<sup>th</sup> July 2021**

**10.30am or 11.15am**

Let's enjoy some fresh air and some company on a walk around the local park.

**Limited spaces so book your place on 01422 266197**

**Lower Valley Family Support Team**

If you need advice, information and support please ring 01484 386621 and a member of the team will call you between

**9.30am – 11.30am on a Friday**

**Upcoming courses in September**

Keep a look out on  
**Facebook and Website**

[www.surestartchildrenscentresnhp.org.uk](http://www.surestartchildrenscentresnhp.org.uk) or call 01422 251090

