



Monday

Elland Baby Group

Every Monday
9:30-10:15am & 10:30- 11:15am

Fun sessions to help support your child's development.
Each session will be different.

To book your place call 01422 266197

**Parent and Toddler Group (Face to Face Session)
@ The Space, Rastrick**

Every Monday
1.15pm – 2.45pm

A play session for parents and carers with children up to 5yrs old. £1.50 per family.

Places will be limited so it's important you book on 01484 714768.

Well Baby Clinic – Afternoon - Appointment Only through the Health Visiting Team

Lower Valley Family Support Team Drop in Session

Every Monday
1.15pm to 2.45pm

If you need advice, information and support please call in and speak to one of the team.

Well Baby Clinic
*All day
Appointment Only*

Sign up now for our Baby & Me course.

Suitable for parents with children UNDER the age of one.

Ring 01484 386621 to book your place.



Tuesday

Antenatal Clinic
All day - **Appointment Only**

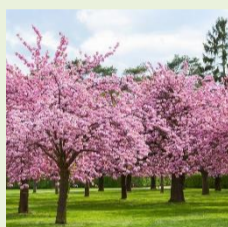
Course
Introduction to Childcare Level 2

6 Week Course
Tuesday 10th May
9.30am-2pm

At
Elland C of E School

To book a place please complete the online application form at:

www.surestartchildrenscentresnhp.org.uk
or call 01422 251090



Antenatal Clinic
All day - **Appointments Only**
Breastfeeding Support Group
10.00am to 11.30am

Please book with your Health Visitor

Breastfeeding Support Group is running from Wellholme Children's Centre weekly on a Tuesday 10-11am.

Places are bookable but this is really easy to do - simply phone Locala on 0300 304 5076 and leave a message stating your full name and the group you would like to attend. Confirmation of your place will be sent via text from the Health Visitor service.

The early days and weeks of breastfeeding can feel much easier with the support of a group, and we would encourage anyone who is new to breastfeeding to book a course of 3 weeks to begin with.

Wednesday

Postnatal Clinic
8.30am – 12:30pm
Appointment only



Antenatal Clinic
All day - **Appointment Only**



Baby Group (face to face session)
Every Wednesday
10.00am to 11.30am

A play session for parents and carers with children from birth to just walking. £1.50 per family.

Places will be limited so it's important you book on 01484 714768.

Thursday

Antenatal Clinic
All day - **Appointment Only**

Polite Notice

The Centre will be closed on

Thursday 12th May

For Staff Training

Thank you

Friday

Lower Valley Family Support Team

If you need advice, information and support please ring 01484 386621 and a member of the team will call you between **9.30am – 11.30am on a Friday**

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Family Walk
Every Friday @ 9.30am



Let's enjoy some fresh air and meet other families while on a 45-minute walk around the local park. Then call in to the children's centre for a cuppa and a chat.