

Lower Valley What's On Guide

April 2024

Covering the areas of Brighouse, Elland, Greetland, Stainland, Hipperholme, Lightcliffe and Rastrick

**Elland:
Elland
Nursery**
Tel: 01422 266197

**Rastrick:
Field Lane
Community Centre**
Tel: 01484 714768

**Brighouse:
Wellholme Park
Nursery**
Tel: 01484 714768



MONDAY

Elland Baby Group
Fun sessions to help support your child's development. Each session will be different.
When?
Every Monday 9:30-11am
How to book?
Call 01422 266197
Cost?
£1.50

Baby and Toddler Group at The Space, Rastrick
A play session for parents/carers with children up to 5 years old
When? 1.15pm - 2.45pm
How to book? Just turn up
Cost? £1.50 per family
Child Health Clinic
Suitable for parents with children under the age of five
When? 1pm onwards - appointment only
How to book? Ring 03003045076

Child Health Clinic
Suitable for parents with children under the age of five.
When?
All day - appointment only
How to book?
Ring 03003045076

TUESDAY

Antenatal Clinic
When?
All day
How to book?
Appointment only - call 01484 355731



Antenatal Clinic
When? All day
How to book? Appointment only - call 01484 355731
Breastfeeding Support Group
Why not come along for a chat and a cuppa? We offer support for all feeding questions
When? Tuesday 10.00am - 11.30am.
How to book? Just turn up

WEDNESDAY

Antenatal Clinic
When? All day
How to book?
Appointment only - call 01484 355731
Family Walk
Come and join us for some fresh air with our trained Walking Facilitator - explore the local community and join us after for a creative play session after
When? Every Wednesday 1pm-2.30pm
How to book? Just turn up
Cost? Free

Lower Valley Family Support Team Advice Line
If you need advice, information and support please ring 01484 386621 and a member of the team will call you back

Baby Group
A play session for parents and carers with children from birth to just walking
When? Every Wednesday 10.00am to 11.30am
How to book? No need to book - just turn up!
Cost? £1.50 per family
Come and join our 5 week course - Baby & Me
Appropriate for parents with children under 6 months old
When? 10th April - 8th May 2024 12noon- 2pm
How to book? Call 01484 386621 to reserve a place
Baby Massage Course
Appropriate for parents with children under 6 months old
When? 15th May - 19th June 2024 1pm-2pm

THURSDAY

Health Visitor & Antenatal Clinic
When? All day
How to book? Appointment only - call 01484 355731

Family Learning Courses
Scan the QR code or visit our website if you have any queries please contact 01422 251090



Health & Social Care Foundation Course - Term Time only
When? 11th April 2024 (10 week course)
Where? 9.30am-2.30pm at Wellholme Park Nursery
How to book? Scan the Family Learning QR code or visit www.surestartchildrenscentresnhp.org.uk to complete the online application form
Strengthening Families Strengthening Communities Course
When? Thursday 11th April - 4th July 2024 6pm-8pm
How to book? Call 01484 386621 to reserve a place

FRIDAY

Lower Valley Family Support Team Advice Line
If you need advice, information and support please ring 01484 386621 and a member of the team will call you back
Ready Steady Nursery (Fridays)
A fun 6 week programme for children and their parents/carers which helps build independence skills for your nursery adventure
When? 26th April 2024 9.30am-11.00am
Where? Longroyde Primary School
How to book? Call 01422 266197 or 01484 714768

Scan the QR code to visit our News & Events Page for information on upcoming festive events



SATURDAY

Shining Stars
This month we are at Elland CC Support group for SEN children under the age of 5 and their families (First Saturday of every month)
When? Saturday 06.04.24 10am-11.30am
How to book? Call 01484 714768 to book a place
Cost? Free

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