

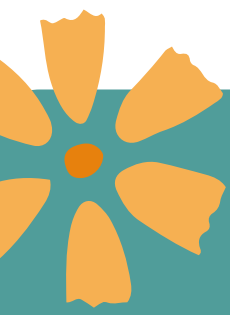
May 2024

Covering the areas of Brighouse, Elland, Greetland, Stainland, Hipperholme, Lightcliffe and Rastrick

**Elland:
Elland Family Hub
and Nursery
Tel: 01422 266197**

**Rastrick:
Field Lane
Community Centre
Tel: 01484 714768**

**Brighouse:
Wellholme Family Hub
and Nursery
Tel: 01484 714768**



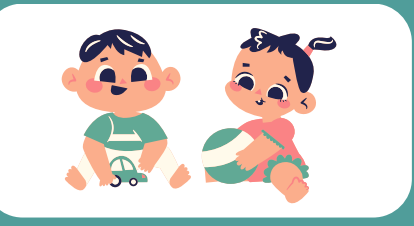
MONDAY

Elland Baby Group
Fun sessions to help support your child's development. Each session will be different.
When? Every Monday 9:30-11am
How to book? Call 01422 266197
Cost? £1.50

Baby and Toddler Group at The Space, Rastrick
A play session for parents/carers with children up to 5 years old
When? 1.15pm - 2.45pm
How to book? Just turn up
Cost? £1.50 per family

Child Health Clinic
Suitable for parents with children under the age of five
When? 1pm onwards —appointment only
How to book? Ring 03003045076

Child Health Clinic
Suitable for parents with children under the age of five
When? All day—appointment only
How to book? Ring 03003045076



TUESDAY



Antenatal Clinic
When? All day
How to book? Appointment only - call 01484 355731

Breastfeeding Support Group
Why not come along for a chat and a cuppa? We offer support for all feeding questions
When? Tuesday 10.00am - 11.30am.
How to book? Just turn up

WEDNESDAY

Antenatal Clinic
When? All day
How to book? Appointment only - call 01484 355731

Family Walk
Explore the local community and join us for a creative play session afterwards
When? Every Wednesday 1.30-3pm
How to book? Just turn up
Cost? Free

Lower Valley Family Support Team Advice Line
If you need advice, information or support please ring 01484 386621 and a member of the team will call you back

Baby Group
A play session for parents and carers with children from birth to just walking
When? Every Wednesday 10.00am to 11.30am
How to book? No need to book - just turn up!
Cost? £1.50 per family

Come and join our 5 week course - Baby & Me
For parents with children under 6 months old
When? 10th April - 8th May 2024 12pm-2pm
How to book? Call 01484 386621

Baby Massage Course
For parents with children under 6 months old
When? 15th May - 19th June 2024 1pm-2pm

THURSDAY

Antenatal Clinic
When? All day
How to book? Appointment only - call 01484 355731

Child Health Clinic
Suitable for children under five
When? All day—appointment only
How to book? Ring 03003045076

Family Learning Courses
Scan the QR code or visit our website if you have any queries please contact 01422 251090



Strengthening Families Strengthening Communities Course
When? Thursday 11th April - 4th July 2024 6pm-8pm
How to book? Call 01484 386621 to reserve a place

FRIDAY

Lower Valley Family Support Team Advice Line
If you need advice, information and support please ring 01484 386621 and a member of the team will call you back

Ready Steady Nursery
A fun 6 week programme for children and their parents/carers which helps build independence skills for your nursery adventure
When? 26th April 2024 9.30am-11.00am
Where? Longroyde Primary School
How to book? Call 01422 266197 or 01484 714768

Scan the QR code to visit our News and Events Page for information on upcoming events




SATURDAY



Visit our website: surestartchildrenscentresnhp.org.uk
(Updated website coming soon!)

Shining Stars
This month we are at Wellholme Family Hub Support group for SEN children under the age of 5 and their families (First Saturday of every month)
When? Saturday 11.5.24 10am-11.30am
How to book? Call 01484 714768 to book a place
Cost? Free

